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### **Pedro de alcantara - [www.cellist.nl](http://www.cellist.nl)**

Cellist Pedro de Alcantara is the author of Indirect Procedures: A Musician's Guide to the Alexander Technique The Alexander Technique: A Skill for Life

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### **Contact - lisa deangelis | the alexander technique**

Contact. Lisa DeAngelis Joan and Alex Murray, The Alexander Technique Center Urbana (ATCU): Indirect Procedures by Pedro De Alcantara

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