

**The Burdenko Method - Restore & Maintain Health
With The Fitness Wisdom System Of Water & Land
Therapy By Igor N. Burdenko; Vladimir Goltsov**

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This excerpt was taken from Dr. Igor Burdenko's book, *The Burdenko Method: Restore & Maintain Health With The Fitness Wisdom System of Water & Land Therapy*.

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Igor N. Burdenko is the author of *The Burdenko Method - Restore & Maintain Health With The Fitness Wisdom System of Water & Land Therapy* (0.0 avg rating,

The burdenko method by the movement project

The Burdenko Method is a systematic approach of Land and Water based exercise for rehabilitation, conditioning and training. Dr. Igor Burdenko PhD. developed and

Aquatic therapy | agape physical therapy

Aquatic Therapy; The Burdenko Method; Personalized Recovery Programs; Agape specializes in various forms of therapy to restore the a person's ability through

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Alisha a. hale flexibility, strength, and

Alisha Hale and Taylor Kruse are excited to share a number of The Burdenko Method is a systematic approach of a field that works to restore

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for the Burdenko method and an AquaStretch trainer. AquaStretch has also attracted the interest of aquatic Restore posture and efficient movement;

Swim staff - swymfit

Curtis also teaches Swymfit classes and is a certified TRX instructor as well as being certified in the Burdenko Method. Restore Arthritis Class

Cape cod rehabilitation

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